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NEWSLETTER

FALL 2024

EMA Dental Awarded 2025 Dental Office of the Year!

We are thrilled to announce that EMA Dental has been named the 2025 Dental Office of the Year by Reader Raves, a prestigious award given by the readers of the Republican newspaper. This recognition comes on the heels of receiving the Best of the Valley award in 2024 from the Valley Advocate newspaper. These honors reflect our continued dedication to providing exceptional dental care in Western Massachusetts. We are grateful to our patients and community for their support, and we look forward to continuing to serve you with excellence.

Dr Vincent Mariano



Meet Our New Prosthodontist at EMA Dental

As EMA Dental continues to grow, we remain focused on maintaining our personalized approach to care. We are excited to welcome several new team members, including skilled dental hygienists and dedicated support staff, to better serve you. Each of our new team members is highly trained and shares our commitment to providing you with a comfortable, personalized, and positive dental experience. Their addition allows us to continue delivering the same level of quality care that you have come to expect from us while enhancing your overall experience at our office. We are thrilled to have them on board as part of our EMA Dental family!



Karolina M. Migus, DMD, MS, FACP obtained her Bachelors of Science in Biophysics at Loyola University Chicago in 2016. It is during her undergraduate studies where she discovered her love for dentistry while volunteering at a clinic for uninsured patients. She found that dentistry combined her love for medicine with her interests in art, for a very fascinating and fulfilling career. Dr. Migus went on to pursue her dental studies at Southern Illinois University School of Dental Medicine where she obtained her Doctor of Dental Medicine degree (D.M.D.). After graduating, she worked in a private practice in Chicago before deciding to further her interests in complex prosthetic and implant dentistry. She completed the Advanced Specialty Education Program in Prosthodontics and Masters of Dental Science at the University of Connecticut in June of 2024. On October 1st, Dr. Migus became Board Certified by the American Board of Prosthodontics - Congratulations!

The Importance of Regular Dental Hygiene Visits and Periodontal Care for Tooth Longevity

Your dental health is about more than just having a bright smile – it's essential for your overall health and well-being. Regular dental hygiene visits are key to preventing gum disease (periodontal disease), which is one of the leading causes of tooth loss. At EMA Dental, our hygienists focus on comprehensive cleanings and deep periodontal care to keep your gums healthy, ensuring that your teeth last a lifetime. These preventive measures can help avoid complex treatments in the future and preserve the natural beauty and functionality of your teeth. We encourage you to schedule consistent cleanings to help maintain your smile for years to come!



Dental Insurance Use It or Lose It!

As we near the end of your insurance year, we wanted to remind you to take advantage of any unused dental benefits. Most dental insurance plans come with a maximum annual benefit ranging from \$1000 to \$2000. Many of these maximums are tied to year end and will terminate if they are not used. Did you know that only 2% - 4% of Americans use their yearly maximum dental insurance allowance? We encourage those who have dental health needs, to utilize the benefits you are entitled to and many of which will expire, if not used.

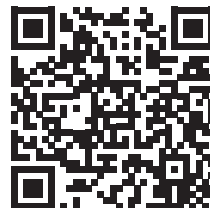
Your dental health is important. If you have been postponing dental treatment or are overdue for a preventative exam and hygiene maintenance visit, now is a great time to schedule before any remaining insurance benefits expire.

VALLEY ADVOCATE.com WINNERS!

Congratulations to our EMA patients, doctors, and staff for having been voted **Best Dental Practice** in the Valley again for this years **Valley Advocate Reader's Poll**. At EMA our mission is to always make your visits personalized and an educational experience. We work very hard to constantly improve both for our patients benefit. Our knowledge and trustworthiness of our multi-doctor and specialty doctors are the best dentistry has to offer within a comfortable, inviting, and personalized health care setting! We will continue the pursuit of excellence in dentistry, thank you for your support!



View publications for all of this year's Best of the Valley Winners here with this QR code.



Stay connected with us for the latest updates, tips on maintaining a healthy smile, and more!



Understanding Your Dental Insurance: Benefits and Limitations

We want to help you make the most of your dental insurance, so here's a quick overview of its benefits and limitations:

Benefits of Dental Insurance:

- **Cost Savings:** Dental insurance can reduce your out-of-pocket costs for routine care such as cleanings, exams, and x-rays. Most plans cover preventive services at 100%.
- **Access to Care:** Insurance can make it easier to receive essential treatments, such as fillings, extractions, and some restorative work, at lower costs.

Limitations of Dental Insurance:

- **Annual Maximums:** Many plans have an annual maximum limit, meaning there is a cap on how much the insurance will cover in a year. Once that is reached, any additional costs are your responsibility.
- **Coverage Gaps:** Certain treatments, such as cosmetic procedures (teeth whitening, veneers), may not be covered, and some plans may only cover a portion of more complex treatments like crowns or implants.
- **Waiting Periods:** Some services may require a waiting period before the insurance begins to cover them, especially for major procedures.

We encourage you to check your plan details or reach out to us for help in understanding your specific coverage. Our team is here to ensure you receive the care you need while maximizing your benefits.

As a reminder, most dental plans have maximum benefits of \$1000-\$2000 per year. **If you don't use those benefits by the end of the year, you will lose any remaining unused benefits.** If you have any dental needs, please come in prior to December 30, 2024, so your benefits are not lost.

Use them or lose them as it is known with dental insurance!



COMPREHENSIVE GENERAL AND SPECIALIZED CARE

At EMA Dental, we like to say that not only do we do it all, but we do it well. Our goal is to be your one-stop shop for everything dental related, whether your child needs a checkup or you're interested in having a few teeth repaired. Thanks to our team of doctors and our state-of-the-art facility, you can trust that we'll always be able to take care of your smile, and that you'll also receive the very best when it comes to quality.

Whether you're in need of General Dentistry, Restorative Dentistry, Cosmetic Dentistry, or Dental Implants, our team can provide you with a custom-made solution for your needs. We can turn back the clock on your smile and make it look like new again, no matter what shape it is in now! With just a few easy appointments, we can help you reclaim your complete smile and enjoy it for many years to come, but don't just take our word for it, see it for yourself!

All work performed by the doctors at EMA.

General Care

Structurally compromised teeth with fractures protected and preserved with crowns.

BEFORE



AFTER



General Care

Full coverage crowns to replace failing old fillings and fractured teeth.



Esthetic Care

Full mouth rehabilitation crowns creating smiles for a lifetime.



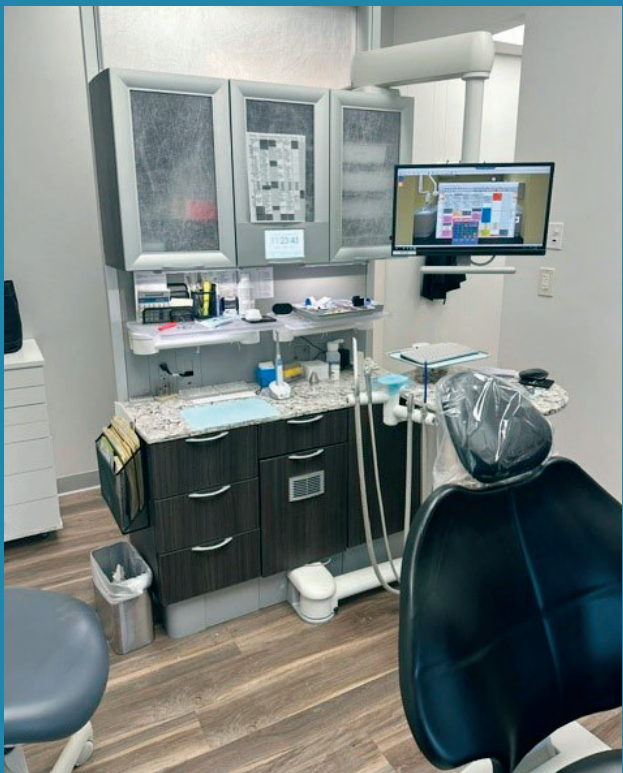
Prosthodontic Specialty Care

Full implant rehabilitation replacing teeth, soft tissue, and bone with implants.



Technology and Modernization at EMA Dental Westfield: Leading the Way in Patient Care

At EMA Dental, we are committed to providing the highest standard of care through continuous technological advancements. Our state-of-the-art facilities include digital X-rays, which offer enhanced imaging capabilities while reducing radiation exposure. We've also incorporated advanced laser treatments, making many procedures faster and more comfortable for our patients. The modernization of our office isn't just about technology; it's about enhancing the patient experience. Whether it's more efficient scheduling or treatments that reduce chair time, our commitment to innovation means you're always getting the best care available.



To our Westfield patients — Modernization and new technology continue to be incorporated into EMA Westfield's New State of the Art Sterilization Room, new Clinical Rooms and Equipment

The Importance of Routine Dental Care and Check-Ups for Long-Term Health

Routine dental check-ups are crucial to maintaining not just the health of your teeth, but your overall well-being. Oral health can impact many areas of your life, from heart health to diabetes management. By coming in for regular exams and cleanings, we can detect early signs of cavities, gum disease, and other issues that could lead to more serious health concerns. Prevention is always better than cure. Let us help you stay ahead of potential problems with personalized care plans tailored to your specific needs. A visit today can save you a lot of trouble tomorrow.





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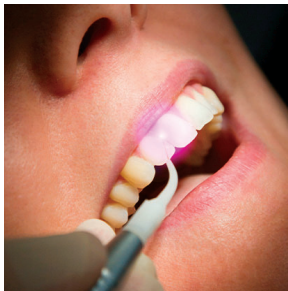
NORTHAMPTON

64 Gothic Street
Northampton, MA 01060

WESTFIELD

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Westfield, MA 01085

EMADENTAL.com



A MULTITUDE OF SERVICES - UNDER ONE ROOF

Preventative & Continuing Hygiene Care

Full hygiene department for routine cleanings and check ups

Periodontal Services & Maintenance Care

Focus is on deeper scalings to reduce pocket depths and inflammation. Localized antibiotic therapy is used as needed to target periodontal bacteria to help fight infection

Invisalign Orthodontic Services

A series of clear, plastic aligners that straighten teeth over time

Refresh Teeth Whitening

Our proprietary teeth whitening is proven effective with no sensitivity

General Restorative Care - *for the whole family*

Fillings, crowns, bridgework or restoration of dental implants

Prosthodontic Specialty Services

Board certified Prosthodontists specialize in fixed and removable tooth replacement, dentures, dental implant placement, teeth in a day, TMJ disorders and snore guard or sleep apnea devices

Esthetic Services - Veneers

Smile enhancements which may include porcelain veneers, all ceramic crowns or bridgework, cosmetic bonding or a full smile makeover.

Complimentary consultations are available